

TIME	DISTANCE	TIME	DISTANCE	TIME	DISTANCE
#1 18th July 2010 Seafront Oval, Pialba		#2 1st August 2010 Seafront Oval, Pialba		#3 12th September 2010 Seafront Oval, Pialba	
Juniors 7:50am Seniors 8:40am	10yr/U 500m run/2km cycle/500m run 12yr/U 500m run/4km cycle/500m run 14yr/U 500m run/6km cycle/500m run 16yr/U 2km run/10km cycle/1km run OPEN 4km run/ 20km cycle/2km run INTER 2km run/10km cycle/1km run	Juniors 7:50am Seniors 8:40am	10yr/U 500m run/2km cycle/500m run 12yr/U 500m run/4km cycle/500m run 14yr/U 500m run/6km cycle/500m run 16yr/U 2km run/10km cycle/1km run OPEN 4km run/ 20km cycle/2km run INTER 2km run/10km cycle/1km run	Juniors 7:50am Seniors 8:40am	10yr/U 50m swim/2km cycle/500m run 12yr/U 100m swim/4km cycle/500m run 14yr/U 200m swim/6km cycle/1km run 16yr/U 375m swim/10km cycle/2.5km run OPEN 750m swim/20km cycle/5km run INTER 375m swim/10km cycle/2.5km run
#4 24th October 2010 Seafront Oval, Pialba		7th November 2010 Seafront Oval, Pialba		20th November 2010 Seafront Oval, Pialba	
Juniors 7:50am	OPEN 1000m swim/30km cycle/8km run INTER 500m swim/20km cycle/4km run	Registration 7:00am Race Start 9:00am	Col Pearce Memorial Corporate Teams Triathlon Nominated Time event 300m swim/10km cycle/3km run	7.30am Juniors only	Wide Bay Selection Trials
#5 21st November 2010 Seafront Oval, Pialba		#6 5th December 2010 Seafront Oval, Pialba		#7 30th January 2011 Ron Beaton Park, Torquay	
Juniors 7:20am Seniors 8:10am	10yr/U 50m swim/2km cycle/500m run 12yr/U 100m swim/4km cycle/500m run 14yr/U 200m swim/6km cycle/1km run 16yr/U 250m swim/10km cycle/2km run OPEN 500m swim/20km cycle/4km run INTER 250m swim/10km cycle/2km run	Juniors 6:50am Seniors 7:40am	10yr/U 50m swim/2km cycle/500m run 12yr/U 100m swim/4km cycle/500m run 14yr/U 200m swim/6km cycle/1km run 16yr/U 250m swim/10km cycle/2km run OPEN 250m swim/10km cycle/2km run/ 250m swim/10km cycle/2km run INTER 250m swim/10km cycle/2km run	Juniors 6:20am Seniors 7:10am	10yr/U 100m swim/500m run 12yr/U 100m swim/500m run 14yr/U 200m swim/1km run 16yr/U 1.5km run/400m swim/1.5km run OPEN 3km run/ 800m swim/3km run INTER 1.5km run/400m swim/1.5km run
#8 20th February 2011 Seafront Oval, Pialba		#9 6th March 2011 Seafront Oval, Pialba		#10 17th April 2011 Seafront Oval, Pialba	
Juniors 7:50am Seniors 8:40am	10yr/U 50m swim/2km cycle/500m run 12yr/U 100m swim/4km cycle/500m run 14yr/U 200m swim/6km cycle/1km run 16yr/U 375m swim/10km cycle/2.5km run OPEN 750m swim/20km cycle/5km run INTER 375m swim/10km cycle/2.5km run	Juniors 7:50am Seniors 8:40am	10yr/U 50m swim/2km cycle/500m run 12yr/U 100m swim/4km cycle/500m run 14yr/U 200m swim/6km cycle/1km run 16yr/U 375m swim/10km cycle/2.5km run OPEN 750m swim/20km cycle/5km run INTER 375m swim/10km cycle/2.5km run	Juniors 7:20 am Seniors 8:10am	10yr/U 500m run/2km cycle/500m run 12yr/U 500m run/4km cycle/500m run 14yr/U 500m run/6km cycle/500m run 16yr/U 2km run/10km cycle/2km run OPEN 4km run/ 20km cycle/ 4km run INTER 2km run/10km cycle/2km run
#11 15th May 2011 Seafront Oval, Pialba		#12 19th June 2011 Seafront Oval, Pialba			
Juniors 7:20 am Seniors 8:10am	10yr/U 500m run/2km cycle/500m run 12yr/U 500m run/4km cycle/500m run 14yr/U 500m run/6km cycle/500m run 16yr/U 1.5km run/10km cycle/1.5km run OPEN 3km run/ 20km cycle/ 3km run INTER 1.5km run/10km cycle/1.5km run	Juniors 7:20am Seniors 8:10am	10yr/U 500m run/2km cycle/500m run 12yr/U 500m run/4km cycle/500m run 14yr/U 500m run/6km cycle/500m run 16yr/U 2km run/10km cycle/ 2km run OPEN 2km run/ 10km cycle/ 2km run/10km cycle/2km run INTER 2km run/10km cycle/ 2km run		

Series Rules

- The 2010/11 Club Race Year will run from 1 July 2010 until 30 June 2011.
- Series points will be not awarded for the Wide Bay Selection Trial or the Corporate Triathlon
- Prepaid race fees will not be refunded under any circumstances.

- The executive committee may at anytime change or cancel a race due to unforeseen circumstances i.e. weather, flooding, marine stingers, sharks, or for any other reason deemed to be unsafe.
- If a race is to be changed on the day, then the specified series points will still apply.
- If a race has been cancelled, it will not be rescheduled.
- Triathlon Australia rules apply.
- If sufficient race day time keeping volunteers can not be found times will not be recorded only places.
- It is the responsibility of each competitor to be familiar with the course.
- Helmets straps must be fastened when cycle is in motion (ridden or walked).
- Competitors must obey all directions & instructions given by event officials, & Police.
- Drafting another cycle or vehicle is not permitted. Time penalties for offenders.
- Please rack cycles on alternative sides to maximize space between cycles.
- Outside assistance in any leg will result in disqualification.
- Bare torso rule – competitors must wear a top during cycle & run legs of event.
- The spirit of friendly competition should apply throughout each of the events.
- Any unsportsmanlike conduct will be grounds for immediate disqualification.
- Cycles must be in safe mechanical condition & should be checked prior to each event by a cycle shop.

Registration

- Registration opens 1 hour prior to the junior race.
- Registration for juniors closes 10 minutes prior to the junior race start.
- Registration for seniors closes 20 minutes prior to the senior race start.

Transition

- Transition opens 1 hour prior to the junior race for juniors and Set-up Helpers.
- Transition opens for all other competitors immediately after the last junior competitor finishes or when instructed by the Race Director.
- All bikes are to be checked by marshals at entry to transition. Cyclists must wear helmets for checking by marshals at entry to transition.

Prizes and Awards

- Series points will be awarded to financial Club members only.
- Competitors will not be awarded after each race, only at the end of series.
- Random prizes to be won at the conclusion of each race. Competitors must be present to collect their prizes.
- At the end of the series, both junior and senior overall individual series champions will be awarded trophies or medals, and teams will be awarded medals.
- To qualify for the overall series championship:-
 - A senior competitor must have competed in a minimum of four races and the best of ten race results will be taken.
 - A junior competitor must have competed in a minimum of three races and the best of nine race results will be taken.
 - The first 10 place getters in each category for each event will be allocated scores 10 points through to 1. e.g. 1st place = 10 points, 10th place = 1 point.
 - Every competitor after 10th place will receive one point for competing.

In an effort to move forward technology wise and to help our tireless admin people we have setup online entry for our races and membership. There are many benefits to both you and the club for entering online so please give it a go. If you are unsure of how or do not own a computer, please contact Gary Pearce on 0418114222 and he will help you out. We have chosen Active as our entry system and we would welcome any comments or problems or improvements that you may have.

Hervey Bay Triathlon Club Contacts

Position	Name	☎
President	Joe DiLegge	0424997555
Vice President	Chris Barnes	0437665214
Secretary	Katy Barnes	0439755401
Treasurer	Dawn Downes	0431066643
Publicity Officer	Ron Morgan	0418798388