

Race 1 Duathlon 18/7/10

Open – 4km run, 20km ride, 2km run

17 to 29 yrs men

1 st	Todd Spackman	54.38
2 nd	Hayden Lyons	55.19
3 rd	Mitchell Sutton	1.01.41

30 to 39 yrs men

1 st	Steven Schofield	55.09
2 nd	Clinton Robertson	1.10.10
3 rd	Mark Williams	1.12.17

40 to 49 yrs men

1 st	Warren Russell	58.20
2 nd	Ron Acutt	1.00.34
3 rd	Pete Hansen	1.02.50
4 th	Brian Harrington	1.06.03
5 th	Marty Leahy	1.06.04
6 th	Nick Downes	1.06.07
7 th	Guy McNicol	1.08.00
DNF	Mike Thomason	
DNF	Damien Cook	

50yrs over Men

1 st	Gary Poppi	1.04.02
2 nd	Steve Ash	1.04.03
3 rd	Jack O'Donohue	1.11.57
4 th	Mark McRae	1.12.09
5 th	Terry Hewitt	1.16.36
6 th	Ross Bambery	1.20.07

17 to 29 yrs women
1st Emily Richter 1.11.04
2nd Amie Munson 1.12.15

30 to 39 yrs women
1st Natasha Schofield 1.08.20
2nd Kym Lingard 1.16.34

40 to 49 yrs women
1st Dawn Downes 1.15.32

50yrs over women
1st Jennifer Strack 1.04.02

Open Mixed Teams
1st Ron Morgan
Tanya Armstrong 1.14.21

Intermediate – 2km run, 10km ride, 2km run

Men
1st Mark French 48.26

Women
1st Carol McKeough 44.42
2nd Kylie Walker 48.25
3rd Kate Kick 52.40
4th Carol McIntosh 55.09

Intermediate Mixed Teams
1st Jessica Burke
Daniel Burke 43.46

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10yrs under male

1 st	Lachlan French
2 nd	Zac McNicol
3 rd	Nathan Munson
4 th	Jarrah McNicol
5 th	Miles Barnes
6 th	Jazz Fisher

12yrs under male

1 st	Ben Acutt
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14yrs under male

1 st	Chris Price
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16yrs under male

1 st	Daniel Willis	42.22
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10yrs under female

1 st	Nelia McNicol
2 nd	Jorja Lyons
3 rd	Kayla Munson
4 th	Charli Knott
5 th	Phoebe Hansen
6 th	Hannah Knott
7 th	Jackalyn Lyons
8 th	Delaney Burke

12yrs under female

1 st	Emily Taylor
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16yrs under female

1 st	Lillian Strack	42.28
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2 nd	Isabel Richter	45.06
3 rd	Tahlia Pearce	56.08